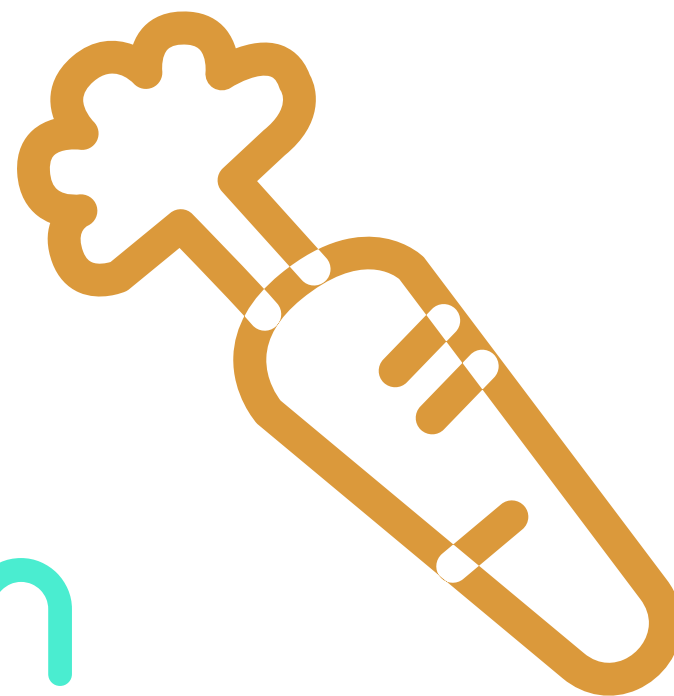




CLASSROOM  
KITCHEN

CK EYFS  
Cookery  
Curriculum  
and Skills Map



# CK Curriculum and Skill Map

In this document, you will find our EYFS Cooking and Nutrition Curriculum Overview. On the curriculum map you will find the sessions ordered by half term release date throughout the 2021-22 Year onto the CK Online Database. There are 10 lessons set to be released with the final 2 in Summer 1.

## How to use:

Check out the upcoming session titles in the curriculum map section. There are 2 planned sessions a half term to be released onto CK Online. Sessions are simple and suited across the EYFS age range with teachers to decide how much child 'interaction' to allow. For example, there will opportunities throughout for pupils to get 'hands-on' with the activities, however you can decide which parts the pupils do and which parts the teachers do.

Sessions can be taught wherever suited. **There is no set order to the lessons.**

Every session will have a different focus. Focuses have been built around the DfE Statutory Framework for EYFS.

You will see that on the Session Overview, there are some letters and numbers, these link to the EYFS Goals section of this document. The tags are linked to various Early Year Frameworks goals (2021).

The EYFS sessions have been designed to be an 'introduction' to food and cooking with sessions not solely focusing on cookery skills but other skill areas of the EYF Framework too.

We suggest sharing the relevant pages with class teachers in order to help them update their curriculum and to plan ahead for the sessions. **You may choose to display our curriculum on your school website, this is fine! We ask that you do not share any of our lesson plans and materials but if you wish to display this document for curriculum purposes, then please feel free to do so!**

**Specific Release dates can be found on the CK Online Website in the Foundation Stage Section. <https://classroom-kitchen-online.com/>**

Sessions will remain online for the duration of the year so needn't be taught straight away.

# CK EYFS Cookery Curriculum Map

Autumn 1  
Release

## Fabulous Fruit Skewers

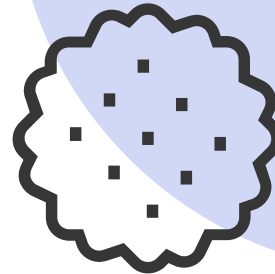


EYFS Goals:

1

4a

## 'Count to Ten' Ginger Biscuits



EYFS Goals:

1

2a, 2b



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# CK EYFS Cookery Curriculum Map

Autumn 2  
Release

## Goldilocks' Perfect Porridge

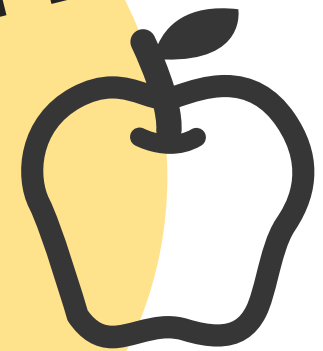


EYFS Goals:

2a, 2b, 2c

4a, 4c

## Snow White's 'Poisoned' Apple



EYFS Goals:

1

2a, 2b

4a



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# CK EYFS Cookery Curriculum Map

Spring 1  
Release

## 'Layer them up' Yoghurt Pots



EYFS Goals:

1

2c

4b

## Fluffy, Fruity Pancakes

EYFS Goals:

2a, b, d



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# CK EYFS Cookery Curriculum Map

Spring 2  
Release

## 'Fly Away' Butterfly Pizzas



EYFS Goals:

1

2c, 2d

4a, 4b

## Green Eggs & Ham



EYFS Goals:

1

3

4c



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# CK EYFS Cookery Curriculum Map

Summer 1  
Release

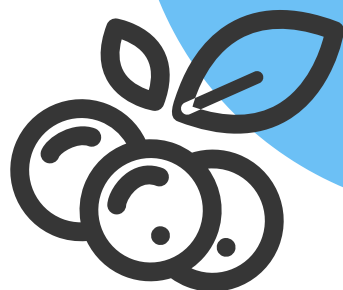
## Summer Fruits Pavlova

EYFS Goals:

1

2b

3



## Teddy Bear's Picnic

EYFS Goals:

1

2a, 2b, 2c, 2d

4a, 4b, 4c



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# Early Learning Goals in the CK Curriculum



Across the next few pages, you'll find a selection of Early Learning Goals that can be found in our sessions based on the 2021 Framework.

We've tagged the goals with a number and a letter which links back to the session overviews on the previous pages. This tells you which ELGs are a focus in the sessions. This does not mean that other ELGs will be covered during exploration and completion during the session but the ones described will be found more prominently.

'Communication and Language', as well as, 'Personal, Social and Emotional Development' Goals are found throughout the sessions with pupils listening to instructions, stories, working in groups and learning about healthy choices and hygiene. We have not added these below.

Please understand that cooking skills will be found throughout and these can be found listed on the final few pages of this document.



# Early Learning Goals in the CK Curriculum



## 1. Physical Development - Fine Motor Skills

- 1) Use a range of small tools, including scissors, paint brushes and cutlery.

## 2. Mathematics - Number and Numerical Patterns

- a) Have a deep understanding of number to 10, including the composition of each number.
- b) Verbally count beyond 20, recognising the pattern of the counting system.
- c) Compare quantities up to 10 in different contexts, recognising when one quantity is greater than, less than or the same as the other quantity.
- d) Explore and represent patterns within numbers up to 10, including evens and odds, double facts and how quantities can be distributed equally.

# Early Learning Goals in the CK Curriculum



## 3. Understanding the World - The Natural World

3) Understand some important processes and changes in the natural world around them, including the seasons and changing states of matter.

## 4. Expressive Arts and Design

a) Safely use and explore a variety of materials, tools and techniques, experimenting with colour, design, texture, form and function.

b) Share their creations, explaining the process they have used.

c) Invent, adapt and recount narratives and stories with peers and their teacher.



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**CK EYFS**

**Cooking Skills**

**Overview**



## CK EYFS Cookery Skills

Pupils will use a mix of the following cookery skills across the various lessons in our EYFS Curriculum:

### Cutting Skills:

- Bridge Method (soft foods)
- Claw Method (soft foods)
- Grating with an adult's help (soft foods)

### Baking & Measuring Skills:

- Counting 'spoonfuls' and using other forms of measure (cups)
- Measuring liquids with a jug or cup (teacher may direct 'where to')
- Mixing ingredients together
- Shaping and rolling a dough
- Rubbing (with fingertips) fat into flour
- Using cutters on rolled out dough

### Other Skills:

- Tearing Ingredients
- Arranging Ingredients
- Spreading (with a spoon or knife)