

West Indian Curry

To understand how food and diets are influenced around the world.
To learn about alternative diets (veganism etc).

Activity 1: Answer the questions about West Indian Curry.

Where is West Indian Curry from? _____

Where did the ingredients for West Indian curry originate from?

True or False?

Coconuts came from India and South-East Asia. _____

Cumin is a spice from The Caribbean. _____

Aubergine and Eggplant are the same thing. _____



Can you circle where **India**
and **The Caribbean** are on the
map?



Activity 2: Use a ruler to match the diet to the definition

Vegetarian Diet

Does not contain meat but
will contain fish.

Vegan Diet

Does not contain meat.

Pescatarian Diet

Does not contain meat or
any products from animals.